



Bishop Spray Service, North Central Division **Sanitation Recommendations For Bed Bugs**

Preparation for Each Treatment

1. In all bedrooms and/or sleeping areas, empty all closets, dressers and any drawers of all clothing and other items. All clothing, curtains, pillows, bedding and sheets, stuffed animals, linens, rugs, etc should be placed in plastic bags and removed from the home.
2. Lean mattresses and box springs up against the wall.
3. All furniture must be moved 18 inches from the wall.
4. Make arrangements for all people, pets (including fish and birds), to be out of the home for a minimum of four hours once the application has been completed. Fish tanks can remain with pumps turned off and the tank covered but we cannot guarantee survival due to the sensitivity of fish to insecticides.

After Each Application

1. People and pets may re-enter the home no sooner than 4 hours after the application has been completed.
2. All clothing, curtains, pillows, bedding and sheets, stuffed animals, linens, rugs, etc that were placed in plastic bags and were removed from the home should be washed in hot water and dried on high heat for a minimum of 20 minutes. Dispose of the plastic bags in an outdoor bin immediately upon removing the items for washing. After washing, you may return the clothing, curtains, pillows, bedding and sheets, etc to their normal location. **DO NOT RETURN THESE ITEMS TO THE HOME UNTIL THIS STEP HAS BEEN COMPLETED.**
3. If your mattress and/or box spring was located on the floor prior to the treatment, obtain a bed frame to elevate the mattress and/or box spring off of the floor.
4. Vacuum all carpets. Remove the bag from the vacuum cleaner, place in a sealed plastic bag and dispose of the bag outside of the home. All carpets should be steam cleaned.
5. Couches, other cloth furniture or any other cloth items such as luggage, etc should be steam cleaned.

At Completion of Treatment Program

1. In some cases, even when the instructions are followed, additional treatments may be necessary. Each treatment must be 14 days apart.
2. Immediately seal your mattress, box springs and pillows with waterproof, hypoallergenic, zippered covers labeled "allergen rated" or "for dust mites" or "for bed bugs" for at least one year.

